Ocean Sports Club Affiliated with

PADDLE UK: Ocean Sports Club: 100616

Paddler's Consent:

I agree to details provided by me being held by the 'Ocean Sports Club' (OSC) on computer and being used for club administration and to keep me informed of club activities. The club may share information with Canoe England / Paddle UK if required to do so. The club will not share my details with other third parties without my prior permission.

I confirm that I consent to images of me participating in club activities being used for club publicity, including on the club's website - in addition that video footage may be taken for coaching or promotional purposes.

If I provide coaching to the club's members on a formal or informal basis, I authorise the club to verify my coaching qualifications with Canoe England or relevant National Governing Body (NGB). I confirm that I will assist the club in obtaining (if required) the appropriate Disclosure and Barring Service (DBS) in accordance with the current procedures of Canoe England.

I confirm that I am aware and understand that paddle sports are assumed risk water sports that may carry attendant risks. I confirm I can swim 50 meters in open water.

I agree to be bound by the rules of OSC and will not hold them liable for any missed

sessions, personal injury, loss or damage to clothing or equipment.

| Signed Date/2025 |
|---|
| Medical: |
| All members: Please provide details of any relevant medical condition that you may have, such as asthma, epilepsy, fainting, heart conditions, diabetes, allergies etc. Details will be held by the Chil Welfare Officer and any information given may be handed to the coach who is taking the session |
| It is the responsibility of the individual paddler / parent to advise the coach of any relevant medical conditions before the coaching session commences. |
| |
| |
| Parent's / Guardian's Consent for all children under 18 years of age |
| I agree to my child taking part in Ocean Sports Club activities and will not hold the club or committee liable for any missed sessions, personal injury, loss or damage to clothing or equipment. |
| I agree that if my child attends a trip away from the club premises they may be transported in an adult member's vehicle. |
| I confirm that I / my child agree to the Paddler's Consents set out above. |
| Signed |

Membership Fees Explained

Currently Adult Club sessions (Adult Fitness Group) run year round with a rolling membership taken quarterly in June, September, December, and March. Adult Social and Youth currently run in our first quarter; June through to end of August.

Club membership is comprised of club subs and an affiliation fee, a one-off fee made at the beginning of the season and pays for your insurance by becoming affiliated with Paddle UK. Subs will then be collected quarterly via Spond and pays for the running of the club.

All membership categories are due beginning of June

- Adult Fitness membership (12 months) £40 per guarter
- Adult Social membership (3 months) £40 June end of August
- Youth membership (3 months) £76.5 June end of August

Breakdown of Youth Membership

Youth membership is higher simply because we pay people to help assist in running the Youth section. This year we will be taking payment up front in a one off payment for the Youth section, this is due to issues with members making their membership payment – to try and encourage early payment Youth Membership is reduced to £65.00 after June £1the full fee will be £76.50

• Absenteeism – every year we are over subscribed with many missing out, to help with this if a member is absent for three consecutive sessions without notification, we will automatically make that place available for a potential new member to join up in the next block

How to Pay: we are cashless and must be paid Spond or, as a last resort contactless payment at the Centre (if club members have difficulties in meeting the membership fees please feel free to talk with Glenn to come to an agreeable solution).

Spond is the main way the club will now organise its activities, all members will be sent an invite to join. Updates will be given on sessions, events, activities via the app.

Age Categories

- 9 12yrs Spriggens
- 13 16 Lighties
- 16+ Adult

Club Sessions

Saturday

Youth: Lighties 0900 - 1000; Spriggens 1030 - 1130

Sunday

Adult Fitness: 1830 Race Crew Training V6 (six person outrigger)

Monday

Adult Fitness: 1800 Mixed craft, Ski, OC1, OC2 & V3

Wednesday

Adult Fitness: 1830 Small Craft, OC1 & OC2

Thursday

Adult Social: 1800 SUP & Outrigger

Membership and Consent 2025

| Name | | | | | | |
|---|--|--|---------------|--|------------|--|
| Address | | | | | | |
| | | | | | | |
| Post code | | | | | | |
| Telephone | | | | | | |
| Mobile | | | | | | |
| Date of Birth | | | | | | |
| E-mail1 | | | | | | |
| Email 2 | | | | | | |
| Emergency contact: name and relationship | | | | | | |
| Emergency contact: telephone number | | | obile mber | | | |
| Personal Performance Paddling Awards | Award Name | | | | | |
| Coaching qualifications | Award Name | | | | | |
| Type of membership | Adult Fitness: £40 Adult Social: £55 | | | | th: .50 | |
| Please tick the clubs you would like to be involved with | Spriggens ☐ Lighties ☐ Social Outrigger ☐ Adult Paddle board ☐ Fitness Outrigger ☐ | | | | | |
| I give consent to be added to the following (please tick where appropriate) | Ocean Sports Club Facebook page Ocean Sports Club Google Calendar Spond | | | | | |