

## General

- Public Health England (PHE) or equivalent posters will be on display informing customers and staff of social distancing and cleanliness/hygiene protocols throughout the Ocean Sports Centre.
- OSC commits to the wellbeing of their staff and customers, and if they show/have any signs of COVID-19 (temperature, cough and difficulty breathing), they will be sent home to follow Government regulations.
- Hand wipes/sanitiser will be on offer (or people will be directed to where they can clean their hands).
- Adherence of appropriate social distancing will be maintained
- Face masks will not be mandatory for staff, unless their role requires this.
- It is down to the individual customer to take reasonable personal responsibility for safeguarding themselves

## Cleaning

- Continue rigorous cleaning procedures.
- If there is a COVID-19 case in the OSC, senior staff will follow the PHE COVID-19 Guidance – Cleaning in non-healthcare settings while cleaning all areas of the facility.
- Staff will carry out regular cleaning of high-contact touch points throughout the premises and equipment.

### **How the virus transmits:**

Transmission of coronavirus occurs much more commonly through respiratory droplets than through objects and surfaces, like doorknobs, countertops, keyboards, toys, etc. Current evidence suggests that SARS-CoV-2 may remain viable for hours to days on surfaces made from a variety of materials. Cleaning of surfaces in particular visibly dirty surfaces followed by disinfection is a best practice measure for prevention of COVID-19 in community settings. Hand washing using warm soapy water followed by antiviral hand sanitiser / gel is widely acknowledge as being the most appropriate method of maintaining good practice.

### **General Cleaning Protocol:**

Use disposable cloths or paper roll and disposable mop heads, to clean all hard surfaces, floors, chairs and door handles, following one of the options below:

- Use either a combined detergent disinfectant solution at a dilution of 1,000 parts per million available chlorine  
or
- A household detergent followed by disinfection (1000 ppm av.cl.). Follow manufacturer's instructions for dilution, application and contact times for all detergents and disinfectants  
or
- If an alternative disinfectant is used within the organisation, this should be checked and ensure that it is effective against enveloped viruses
- Avoid creating splashes and spray when cleaning.

- Any cloths and mop heads used must be disposed of and should be put into waste bags

#### **Antiviral Disinfectant:**

alcohol based hand gel with minimum 70% alcohol content, surface spray to include; wetsuits and BA antiviral solution, how long

#### **Hand hygiene:**

As already highlighted Hand hygiene is essential to reduce the transmission of infection, below identifies standard hand hygiene practice:

- All staff, and visitors should decontaminate their hands with alcohol-based hand rub (ABHR) when entering and leaving the OSC
- Staff members should cover all cuts or abrasions with a waterproof dressing
- Minimum of 20 seconds to clean hands

#### **Respiratory and cough hygiene – ‘Catch it, bin it, kill it’**

Staff and visitors should be encouraged to minimise potential COVID-19 transmission through good respiratory hygiene measures which are:

- Use of disposable, single-use tissues should be used to cover the nose and mouth when sneezing, coughing or wiping and blowing the nose
- Used tissues should be disposed of promptly in the nearest waste bin
- Waste bins (lined and ideally foot operated) and hand hygiene facilities, will be available for, customers and staff
- Hands should be cleaned (using soap and water if possible, otherwise using (ABHR) after coughing, sneezing, using tissues or after any contact with contaminated objects
- Encourage staff to keep hands away from the eyes, mouth and nose

#### **Wearable Equipment Disinfecting Process**

Both wetsuits and buoyancy aids will undergo a full disinfecting process after each use. Both will be submerged in a combined detergent and disinfection solution of cleaner and 10% CHEMGEM plus, an antibacterial, antiviral product e.g. beyond biocidal wetsuit rinse. The ideal process would leave wearable reusable kit fallow for a 72hr period in direct sunlight having undergone a disinfecting process. The gold standard when using reusable wearable equipment would be to alternate usage after a 72hr period where evidence suggests the Corona virus will have diminished significantly. When stored, wetsuits and buoyancy aids will be separated into specific areas based upon how long the item has remained fallow, for example day one, day two, day three and unused. However, expected high use wearable equipment may have to be used more than once in a 24hr period and a rigorous disinfecting process will be conducted.

#### **Wetsuits & Buoyancy Aid:**

The disinfecting process will be as follows:

- Used wetsuits and buoyancy aids (BA) upon return will be fully immersed in antiviral disinfectant and detergent fluid and follow manufacturers guidelines, high touch areas such as zippers, zips and buckles will also be sprayed with antiviral disinfectant and initially left in direct sunlight; while in storage overnight segregated from unused wetsuits and BA's (as detailed above).